

PRODUCTS AND SERVICES

Keynotes

Tony Schwartz and Catherine McCarthy speak for 30 to 90 minutes on topics related to the skillful management of individually and organizational energy.

Leader Fuel: Managing Energy to Maximize Performance

The Energy Project Core Curriculum consists of six separate sessions of approximately three and a half hours each, delivered in a highly facilitated, experiential style. These modules are offered at 3 to 6 week intervals over 4 to 8 months in order to assure that individuals achieve mastery in one dimension before moving onto the next. All of the modules are designed to help participants build and regularly new capacity, and to address specific challenges at work, both as individuals and as leaders.

Competing Commitments: Overcoming Hidden Immunity To Change

Competing Commitments is a half-day process with potential follow-ups. Conducted with teams, it is designed to surface and ultimately overcome the powerful forces that prevent individuals and organizations from acting on their stated commitments to change.

The Energy Pulse Survey

The Energy Pulse Survey is a highly flexible process that allows us to measure individual and organizational energy levels before, during and after our interventions.